Maturita Card 10: Sport



There are team sports, individual sports, indoor sports, outdoor sports, water sports, ball sports, field sports, extreme sports, racket sports and winter sports.

What equipment do you need for different sports?

For aerobics / fitness you need... some weights / a floor mat... In tennis / badminton you play with... a racket / shuttlecock over a net... In baseball you use... a bat / plate / ball and mitt or glove... In ice hockey you need a hockey stick / puck / helmet / goal / ice skates / protective padding... For climbing you need... climbing shoes / ropes / harnesses / carabiners... For rowing / canoeing you need... oars / a paddle / canoe / kayak / boat... For scuba diving you need... a wet suit / oxygen tank / breathing mask / goggles.

· Where do you play different sports?

Tennis, badminton, squash, volleyball and basketball are played on a court... Football and cricket are played on a pitch... American football, baseball and rugby are played on a field... Ice hockey is played on an ice rink... Swimming and diving are done in a swimming pool... Indoor sports are played in a gym... Rock climbing can be done inside on a climbing wall / outside on mountains and cliffs.

. How do you score points in different sports?

In football you kick or head the ball into the goal... In American football and rugby you get the ball over the line. This is called a touchdown in American football and a try in rugby... In hockey you hit the ball or puck into the goal... In volleyball / badminton you try to get your ball / shuttlecock to touch your opponent's side of the court or get them to make an error / hit the ball out of the court... In tennis you score a point by having your ball bounce more than once in your opponent's side of the court, or when your opponent hits the net, or if his / her ball doesn't touch your court at all.

· What isn't allowed in some sports?

Full body contact is forbidden / not allowed... You can't / mustn't have full body contact in field hockey / basketball and football... It is forbidden to hit the ball too high in field hockey... In football / American football / rugby... you can't / mustn't / it is forbidden... to be offsides.

What are some main sporting events?

In most sports there is / you have... an international competition called a world championship... The Olympic Games are held once every four years. There are Winter and Summer Olympic Games. Athletes / teams from all over / around the world take part / participate in the Olympics. It is very prestigious to participate in the Olympics. Winter Olympic sports include skiing, ice skating, ice hockey and curling. In the Summer Olympics, athletes compete in gymnastics, swimming, football and table tennis.

Bridge

What are the benefits of doing sports / Why play sports?

They keep you healthy / fit... You can... lose weight / make friends / develop social skills / learn the value of fair play. It keeps you active and is a good hobby.

What kind of sports do you like? Which ones don't you like?

I love many / a lot of sports... I like / enjoy playing... basketball / baseball / floorball / football / ice hockey / rugby / tennis / volleyball... My favourite sport is cycling / rowing / surfing... I prefer extreme sports... I would like to try parachuting / surfing / rock climbing... I can't stand cross-country skiing / jogging / doing aerobics / spinning... Weight training is not my cup of tea... I don't like outdoor sports but I enjoy working out in a gym.

· How often do you play / practice sports?

I play football / basketball... I go swimming / cycling... I do gymnastics / athletics / karate... every day after school / on weekends / on Mondays / once a week / twice a month... I don't play sports apart from at school... because I prefer to read / watch TV / go out with my friends.

· What do you do in practice / training?

I / we... run laps / sprints... swim laps... work on defence / offence drills... practice shooting... work on ball / puck control... do exercises to keep (us) fit... play practice games.

· Do you enjoy watching sports on TV?

I like / enjoy watching... football / tennis / winter sports / figure skating on TV... I don't like watching sports on TV because... I don't enjoy sports / prefer to watch something else / prefer to play them myself.

Would you like to be a professional sportsman?

Yes, my dream is / I would love / I hope... to be a professional athlete / sportsman / sportswoman... I would like to have a collection of trophies... It would be nice to be a professional athlete, but the reality is that... I'm not good enough / I lack the talent / the drive / the ambition. I am not a good team player... No, because I think some professional sportsmen... use drugs / could damage their health.

Who / what are your favourite players / teams? Why do you like them?

My favourite sportsman is Roger Federer / Lukáš Bauer...
He comes from my country / is a fair athlete / works hard /
seems to have a good personality... My favourite sports team
is Sparta Prague / Arsenal because... they are my local team
/ they always win / everyone in my family supports them / they
have really good players... I don't have a favourite because I
just like the sport and I am not interested in who is playing.

